



CITY OF DOVER

PARKS AND RECREATION

Fall / Winter

2024 - 25

ACTIVITY &

PROGRAM GUIDE

City of Dover Parks & Recreation

PO Box 475

Dover, DE 19903

10 Electric Avenue (Schutte Park)

Phone: (302) 674-7541 Open Gym: (302) 736-4443

Email: parks@dover.de.us

Web: cityofdover.com/parks-recs-home

Roger Ridgeway

Director



FITNESS FOR ADULTS

Soul Line Dance

Looking for a great way to exercise those extra pounds away, enhance your dance moves, and improve your coordination, all while meeting some great people? Well look no further, **C & K Soul Line Dancing** invites you to join us in learning many of the latest old and new school soul line dances. This is a great way to exercise your mind, body and spirit as you dance your way to a healthier, more fit you. Some examples include Uptown Funk, Spanish Fly, Biker's Shuffle and Cupids 2 x 4 Shuffle just to name a few. Dress in comfortable clothing and footwear. Also bring your own towel and water and prepare to have an awesome time. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$35 evening class session *Class dates are subject to change based on instructor availability of C & K Soul.*

Advanced Class - \$35

Activity #: SLA10
Day: Thursdays
Dates: Oct. 3 - 24
Time: 6:30 – 7:30 PM

Activity #: SLA11
Day: Thursdays
Dates: Oct. 31 – Nov. 21
Time: 6:30 – 7:30 PM

Intermediate Class - \$35

Activity #: SLI10
Day: Thursdays
Dates: Oct. 3 - 24
Time: 7:30 – 8:30 PM

Activity #: SLI11
Day: Thursdays
Dates: Oct. 31 – Nov. 21
Time: 7:30 – 8:30 PM

Just try it –
 you know
 you want
 too!!

Dance with “E”ase!

Come out for an exciting evening learning the basics of “Ole School” (partner/couple/hand to hand) dancing. You will learn the Philly Bop, Cha Cha, Strand and the 2 step. Get those arms, legs and feet movin' and groovin' again. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$30 or \$7 per class

Activity #: DE11
Day: Tuesdays
Dates: Sept. 10 – Oct. 15
Time: 6:30 - 8 PM

Activity #: DE12
Day: Tuesdays
Dates: Oct. 22 – Nov. 26
Time: 6:30 - 8 PM

Activity #: DE13
Day: Tuesdays
Dates: December 3 - 17
Time: 6:30 - 8 PM

PLEASE NOTE: WE DO NOT OFFER REFUNDS OR CREDITS IF YOU REGISTER FOR A TRIP, CLASS OR PROGRAM AND THEN DO NOT ATTEND. IF THE PARKS & RECREATION DEPARTMENT HAS TO CANCEL A TRIP, CLASS, OR PROGRAM WE WILL MAKE ALL EFFORTS POSSIBLE TO NOTIFY PARTICIPANTS AND A REFUND OR PARKS & RECREATION CREDIT WILL BE ISSUED.

Be sure to create an online account with us for easy registration! Get started here:

<https://cityofdover.recdesk.com/Community/Home>

DAY TRIPS

NEW YORK CITY – Explore and shop the Big Apple on a Saturday. You will be dropped off and picked up in the vicinity of Radio City Music Hall to explore on your own. Departing from Dover promptly **at 7 am** and departing from New York City **at 7 PM**. The motor-coach will leave from the **John W. Pitts Recreation Center**. Sorry, we do not offer refunds if you miss the bus. **Activity Fee: \$75**

ONLINE REGISTRATION ENCOURAGED!

Activity #: NYC01

Date: Saturday, December 7

Activity Fee: \$75

Activity #: NYC02

Date: Saturday, December 14

Activity Fee: \$75



LEISURE TIME ACTIVITIES

DOVER WALKS



DoverWALKS

Promoting healthy lifestyles to our residents, including mature adults, mom's with strollers and walkers of all ages. Our goal is to promote walking while increasing your physical activity, remove barriers of weather & cost, promote walking as a family activity and build community pride. This **FREE*** program for City residents and seniors is a great way to get healthy, join friends for a walk and make new ones along the way. The **John W. Pitts Recreation Center** features a 1/13th mile indoor walking track. So get your sneakers and meet us for a walk. Typical hours are Monday – Friday, 7 am – 9:45 AM. (Activities & Special events may impact these hours.) **For complete details give us a call at 302-674-7541 or come on over and sign up!** **Open Gym Fee Schedule applies.*



SENIOR SOFTBALL

Indoor pick-up games are played every **Tuesday and Thursday 10:15 am to 12:15 pm** starting **January 21 through March 13**. The games are open to all **men & women ages 55 and up** and all skill levels are welcomed. There are no try-outs, residency requirements or fees required. Show up, complete the paperwork & play!

The goal of this activity is:

- Everyone plays and bats.
 - The emphasis is on fun safe play,
 - demonstrating sportsmanship,
 - getting some exercise,
 - having some laughs,
 - enjoying camaraderie,
 - and winning,
-in that order of importance.



SENIOR BOCCE BALL

Indoor Bocce Ball is a variation of the popular bocce sport. It involves playing bocce on an indoor carpeted court with rail boards. The benefits of bocce include healthy social interaction, light activity, strategic planning, and friendly competition. Bocce can be played by two people or by two teams of two to four people. The rules of the game are relatively simple. In essence, one player (or team) begins by rolling a smaller ball, known as the “jack,” onto the court. Turns are then taken as each player (or team) attempts to bowl his or her balls closest to the jack. As with many similar activities, the gameplay is easy to learn, but developing strategies and skillful throwing takes time and practice. Participants will be divided into “teams” and will try to be the first to reach a fixed number of points. “Teams” will be drawn each session day to keep the games exciting and create new teams. We will have 2 courts set-up for play. Taking place on Mondays at the **John W. Pitts Recreation Center**. **Activity Fee: \$24**

Activity #: Boc
Day: Mondays
Dates: Oct. 21 – Dec. 2*
Time: 11:00 am - 1:00 pm
Activity Fee: \$24
***No Session Nov. 11**



VOLUNTEER COACHES & SMART WHISTLES PROGRAM

Volunteers: We are always in need of volunteer coaches for our leagues. Interested? Contact Steve Pickering, Sports Coordinator, by calling (302) 736-7095.

Smart Whistles: As part of our assurance to quality programming and to keep our children safe, we require all volunteers to undergo a background check (We cover the fees associated with the background check.) Protecting our children is paramount to us and we know to you as well.

YOUTH ACTIVITIES, LEAGUES & SPORTS

PLEASE NOTE: WE DO NOT OFFER REFUNDS OR CREDITS IF YOU REGISTER FOR A TRIP, CLASS OR PROGRAM AND THEN DO NOT ATTEND. IF THE PARKS & RECREATION DEPARTMENT HAS TO CANCEL A TRIP, CLASS, OR PROGRAM WE WILL MAKE ALL EFFORTS POSSIBLE TO NOTIFY PARTICIPANTS AND A REFUND OR PARKS & RECREATION CREDIT WILL BE ISSUED.

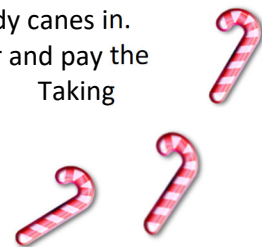
CANDY CANE HUNT

Family

Enjoy an evening of family fun hunting **candy canes**! Join us for a slice of pizza and then it's off to hunt for all types of candy canes. Bring a flashlight & something to gather your candy canes in. Pre-registration is mandatory. All participating members of the family must register and pay the activity fee. Space is limited! Make this even more fun, get a friend to sign up, too! Taking place at the **John W. Pitts Recreation Center** from **6:30 – 8 PM**. **Activity Fee: \$10**

Activity #: HA1
Day: Friday

Time: 6:30 – 8 PM
Date: December 6



BREAKFAST WITH SANTA

4 – 10 Years

Start off the holiday season with a delicious breakfast and visit from a very special guest! This fun-filled morning will feature Christmas music & carols, crafts, and a kid friendly breakfast. Most importantly, Santa will be here for Christmas wishes and photos. *(Sorry mom & dad breakfast is for kids only.)* **Pre-Registration is mandatory** as limited seating is available, sign-up, now! Held at the **John W. Pitts Recreation Center** from **9 – 10:30 AM**. **Activity Fee: \$10**

Activity #: HA2
Day: Saturday

Time: 9 – 10:30 AM
Date: December 7



A NIGHT AT THE POLAR EXPRESS

Family

It's family movie night at the **John W. Pitts Recreation Center**! Come out in your comfy clothes & bring your pillows to watch The Polar Express with us on the big screen! Hot chocolate & cookies will be served. Parents are free, however all children must register individually. Make this even more fun, get a friend to sign up, too! **Show time: 6:30 PM** and will run until the movie ends.

Activity Fee: \$10

Activity #: HA3
Day: Friday

Time: 6:30 PM
Date: December 13



DROP N' SHOP

6 – 12 Years

Do you have holiday parties to attend, company coming to visit, shopping to finish, gift wrapping & need bows? Drop your kids off for a great night of fun while you finish all holiday details! Includes the evening activity of either the Candy Cane Hunt or Night at the Polar Express and a pizza with drink as a snack. Make this even more fun, get a friend to sign up, too! Taking place **John W. Pitts Recreation Center**.

Activity Fee: \$20

Activity #: HA4
Time: 6 - 9 PM
Day: Friday
Date: December 6

Activity #: HA5
Time: 6 - 9 PM
Day: Friday
Date: December 13

TAE KWON DO

Ages 4 – 18 years

Five Star Tae Kwon Do provides services to improve fitness for self-defense. The program empowers self-esteem, discipline, honor, self-control, respect, courtesy, perseverance and loyalty. The class instills individuals both mentally and physically. (NOT MANDATORY: Uniform fee is not included in activity fee, and will be paid directly to the instructor.) Taking place at the John W. Pitts Recreation Center. **Activity Fee: \$50**

Activity #: TKA (Ages 4 – 6 yrs)
Days: Tuesdays and Fridays
Dates: Sept. 24 – Nov. 15
Time: 5 – 6 PM

Activity #: TKB (Ages 7 and up)
Days: Tuesdays and Fridays
Dates: Sept. 24 – Nov. 15
Time: 6 – 7:30 PM

BE AN EARLY BIRD

Please register at least **ONE** full week prior to the start date noted. Waiting until the last minute to register may mean that you miss out on a great class due to the class being full or canceled due to lack of participants. Sign-up Early! Online registration is encouraged.

Be sure to create an online account with us for easy registration! Get started here:

<https://cityofdover.recdesk.com/Community/Home>

FRIDAY NIGHT SOCCER

Birth Years 2014 – 2020

Soccer fun on **Friday** nights at the **John W. Pitts Recreation Center**. This is not a league, no assigned teams just soccer fun. Space is limited to just 32 participants per age division. Shin guards are required. Online registration encouraged!

Activity Fee: \$30

Dates: January 10 – February 14

Day: Fridays

Division Information

Mites (birth years: 2018, 2019 & 2020) 5:30 - 6:20 PM

PeeWee (birth years: 2016 & 2017) 6:30 - 7:20 PM

Bantam (birth years: 2014 & 2015) 7:30 - 8:20 PM

COMMUNITY EVENTS



Please donate – donations benefit families in your community! Beginning **November 1 thru November 30**, non-perishable food will be collected & distributed to our local food banks. Join us in looking through the pantry or picking up an extra can or two of your favorites to donate. Donation boxes will be available at these **City of Dover locations: City Hall, Weyandt Hall, Dover Public Library and the John W. Pitts Recreation Center.**

Capital Holiday Festival

December 5

Bring the family downtown and help us kick off the Holiday Season with our annual tree lighting including special guests & of course, the most popular man of the season – Santa!!

Food Drive donation station will be set up on Lookerman Street. 5 – 8 PM Downtown Dover

Be sure to create an online account with us for easy registration! Get started here:

<https://cityofdover.recdesk.com/Community/Home>

Just some notes....

Please note at the time of this printing all information was as accurate as possible, however there are times we have to make changes to ensure the best quality programming for our customers that are practicable for the City of Dover Parks & Recreation Department.

ONLINE Registration is strongly encouraged!

<https://cityofdoover.recdesk.com/community/home>

Youth Participation in Fitness Programs: Youth ages 12 to 18 may enroll in any class, unless noted otherwise, as long as a parent is enrolled in the class and in attendance.

Should you have any questions, please call us at (302) 674-7541 or visit us on the web at: www.cityofdoover.com/parks-recs-home or stop by the John W. Pitts Recreation Center located at 10 Electric Ave, Dover (Schutte Park).

We're on Facebook – find us at 'City of Dover Recreation'

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Friday Night Soccer

Youth Indoor Soccer

Eligible Birth Years: 2014 - 2020



Friday Nights

January 10 - February 14, 2025

John W. Pitts Recreation Center



Activity Fee: \$30

Each division is limited to 32 participants.

This is not a league, there are no practices or assigned teams.

Shin guards are required.

ONLINE Registration strongly encouraged!!

<https://cityofdover.recdesk.com/Community/Member/Login>

City of Dover Parks & Recreation
John W. Pitts Recreation Center

10 Electric Avenue
Dover DE 19904
(302) 674-7541

Division Information

Mites (birth years: 2018, 2019 & 2020)	5:30 - 6:20 PM
PeeWee (birth years: 2016 & 2017)	6:30 - 7:20 PM
Bantam (birth years: 2014 & 2015)	7:30 - 8:20 PM



Lots Of Fun

Girls Volleyball League

Girls Volleyball League

5th - 8th grades

Our girl's volleyball league offers girls of all skill levels a platform to refine their volleyball skills and reach their full potential in a stimulating and supportive space. Practices will be held one night a week with all games being scheduled on Saturday afternoons taking place at the **John W. Pitts Recreation Center**.

Team t-shirts will be provided. Knee pads are optional. Practices will start on January 9 and games will start January 18. Team assignments & game schedule will be available closer to start date.

Volunteer coaches are needed. Contact Connie Johnson via email at cjohnson@dover.de.us or give her a call at (302) 674-7541.

Activity #: VB - Girls Volleyball

Practice Day: Thursday Evenings

Game Day: Saturday Afternoons

Dates: January 9 - February 22

Practice Time: 5:45 or 6:45 PM

Game Time: Saturday Afternoons

Activity Fee: \$40

ONLINE REGISTRATION:

<https://cityofdover.recdesk.com/Community/Home>

**To pay by cash/check, visit us at the John W Pitts Recreation Center
(Schutte Park)**

City of Dover Parks & Recreation: (302) 674-7541

Registration opens October 1, 2024



City of Dover Parks & Recreation

Youth Winter Basketball League

for youth born in 2011 - 2019



Divisions are based on birth year.

Our co-ed youth basketball league is geared for fun and an exciting way to learn the fundamentals of basketball. The league fills quickly, so sign up fast! One weeknight practice and games scheduled for Saturdays. All taking place at the John W. Pitts Recreation Center. (League dates are subject for change.)

- 🏀 **Activity Fee: \$50**
- 🏀 **Practices will begin the week of December 9, 2024**
- 🏀 **Games will begin January 4, 2025**



Age Divisions & Practice Nights

Pee Wee Division	Youth born in 2018 & 2019	Practice Night: Mondays
Bantam Division	Youth born in 2016 & 2017	Practice Night: Tuesdays
Intermediate Division	Youth born in 2014 & 2015	Practice Night: Wednesday
Junior Division	Youth born in 2011, 2012 & 2013	Practice Night: Mondays

Register Online

<https://cityofdover.recdesk.com/Community/Home>

For additional information, please call 302-674-7541

Registration Opens: October 1, 2024



Volunteer Coaches are needed for our Youth Basketball League.

If interested, please call Connie Johnson, Sports Coordinator, at 302-674-7541 or email: cjohnson@dover.de.us All coaches are required to go through a background check.

Recreation - Registration Information

Registration Highlights

- * **Registrations must include full payment with completed & signed registration form.**
- * **No refunds or credit certificates will be given unless Recreation staff cancel the activity.**
- * **If you miss your activity, we do not offer credits or refunds.**
- * **No credits / discounts on late activity registrations.**

Program Cancellation

Programs are subject to cancellation if the minimum requirement is not met.

Registration Process

Registrations are accepted at the John W. Pitts Recreation Center, over the phone, and by mail. Registration is required & all fees must be paid prior to participation in a program. Many programs fill quickly, so we encourage early registration.

Credit Cards/Checks - NSF

Credit card transactions and/or checks that are returned for non-payment will result in a \$40 Charge Back/NSF fee.

Cancellation/Relocation Information Line

Weather conditions have you wondering if a City of Dover Recreation Division event is still taking place? Just call 736-7155 for updated program information!



Building & Pavilion Rentals

JWP Recreation Center has rental space available for meetings & special occasions. Also, pavilion rentals are available in Dover Park, Schutte Park, and Silver Lake Park. A minimum of two (2) weeks notice is necessary for these rentals. For a complete list of rules, rate information, and date availability, give the City of Dover Recreation Division a call at (302) 674-7541.

Oops! Oops!! Oops!!!

At the time of print, we deem all information to be correct. We strive to be as accurate as possible; however, programs and program information is subject to change without notice.

Don't miss out!

Nothing cancels a great activity quicker than participants waiting until the last minute to register. If the minimum registration requirement is not met 1 week prior to the start date the program is subject to cancellation. Calling the day before or even showing up the day of the activity to sign-up won't save the program! Register Early!

Open Gym Hot Line
736-4443 updated daily,
call to get today's open
gym times at the
Pitts Center!

Help Take Care of the Parks

Keeping our City of Dover Park areas beautiful, clean, and safe starts with YOU!

- Report graffiti to 302-674-7541
- Pick up after Fido
- Respect park grounds
- Clean up your trash
- Keep music on low volume
- No driving on the grass
- Park Hours: Dawn to Dusk

Following these rules
will help keep our
parks enjoyable
all year long!



BUS TRIP POLICY

- ⇒ Registrations must be received before the deadline.
- ⇒ Trips are subject to cancellation for inclement weather. *(We will attempt to notify participants in this case.)*
- ⇒ Trips are subject to cancellation if the minimum participant requirement is not met.
- ⇒ Registrations accepted on a first-paid first-served basis.
- ⇒ Travel times are approximate.
- ⇒ The bus will NOT wait for you.
- ⇒ Those under 18 years must be accompanied by an adult.
- ⇒ No stops will be made for individual needs.
- ⇒ No refunds if you cancel your trip or fail to show.

Disability Related Accommodations

If you would like to participate in these activities & require disability related accommodations, please call our office at (302) 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

ACTIVITY REGISTRATION FORM

Please read the Registration Highlights on the Information Page before registering.

ADULT PARTICIPANT/CHILD (UNDER 18) GUARDIAN INFORMATION				Please print and fill out completely	
First Name	MI	Last Name	Date of Birth		
Mailing Address					
City,	State	Zip	Parent/Guardian Date of Birth		
Primary Phone Number		Secondary Phone Number			
Does your child have any allergies?					

PARTICIPANT #1

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			

PARTICIPANT #2

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			

Payment Amount & Type	
Total Due:	Checks to: City of Dover
Payment Amount & Type	
Cash	Check MC/Visa/Disc Other <i>Please circle</i>

Submit your registration by:

Mail: City of Dover Recreation, 10 Electric Ave., Dover, DE 19904

Fax: w/Credit Card Info.: 302-678-2674

Phone: w/Credit Card Info.: 302-674-7541

ONLINE REGISTRATION RECOMMENDED

<https://cityofdover.recdesk.com/Community/Home>

RELEASE STATEMENT:

I understand that the City of Dover provides no medical coverage for participants unless specified, and that all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the City of Dover shall have the right to use such photographs and/or films whenever so desired free of any claims on my behalf.

Signature of adult participant /If under 18, parent/legal guardian Date

If you would like to participate in these activities and need disability related accommodations, please call 302-674-7541. You may reach TTY/TDD operator services by dialing 1-800-855-1155.